

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mcg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
<b>KB-0001</b>									
Applesauce, cinnamon	1	Serving	127.57	89.84	0.00	0.00	0.00	0.00	0.00
Egg, Hard Ckd	2	Each	85.20	140.00	12.00	0.00	0.00	0.00	0.00
Cereal, farina, instant	1	Package	28.40	100.00	3.00	0.00	0.57	0.52	8.53
Danish, cheese, iced	1	Each	85.20	280.00	5.00	0.00	0.00	0.00	0.00
Coffee, instant	1	Serving	1.20	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	3	Package	15.00	90.00	0.00	0.00	0.00	0.00	0.00
<b>Total</b>			<b>342.57</b>	<b>699.84</b>	<b>20.00</b>	<b>0.00</b>	<b>0.57</b>	<b>0.52</b>	<b>8.53</b>

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D-mcg (m Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
<b>KB-0001</b>								
Applesauce, cinnamon	0.00	59.89	0.00	0.00	0.00	0.00	0.00	0.00
Egg, Hard Ckd	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cereal, farina, instant	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Danish, cheese, iced	0.00	0.00	0.00	0.00	0.00	0.00	150.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Total</b>	<b>0.00</b>	<b>59.89</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>190.00</b>	<b>0.00</b>

Item Name	ChIn (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
<b>KB-0001</b>									
Applesauce, cinnamon	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Egg, Hard Ckd	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cereal, farina, instant	0.00	0.00	0.00	0.00	0.00	0.00	8.10	0.00	0.00
Danish, cheese, iced	0.00	0.00	0.00	0.00	0.00	0.00	1.44	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Total</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>9.54</b>	<b>0.00</b>	<b>0.00</b>

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
<b>KB-0001</b>			
Applesauce, cinnamon	0.00	0.00	0.00
Egg, Hard Ckd	0.00	0.00	0.00
Cereal, farina, instant	0.00	0.00	0.00
Danish, cheese, iced	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
<b>Total</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
<b>KB-0001</b>			
Applesauce, cinnamon	0.00	14.97	0.00
Egg, Hard Ckd	0.00	220.00	0.00
Cereal, farina, instant	0.00	200.00	0.00
Danish, cheese, iced	0.00	270.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	90.00	0.00
<b>Total</b>	<b>0.00</b>	<b>794.97</b>	<b>0.00</b>

## Nutrition Facts

Serving Size (343g)  
Servings Per Container

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**Amount Per Serving**

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**Calories 700**    **Calories from Fat 260**

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**% Daily Value\***

<b>Total Fat 29g</b>	<b>45%</b>
Saturated Fat 13g	<b>65%</b>
Trans Fat 0g	
<b>Cholesterol 390mg</b>	<b>130%</b>
<b>Sodium 790mg</b>	<b>33%</b>
<b>Total Carbohydrate 81g</b>	<b>27%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 37g	

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**Protein 20g**

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Vitamin A 60%    •    Vitamin C 100%

Calcium 20%    •    Iron 50%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4