

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mcg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
KB-0002									
Applesauce, stwbry banana		1 Serving	127.57	89.84	0.00	0.00	0.00	0.00	0.00
Cream Cheese		2 Packages	56.00	120.00	4.00	0.00	0.00	0.00	0.00
Cereal, hot, oatmeal, plain, inst		1 Package	28.40	100.00	3.00	0.00	0.00	0.00	0.00
Bagel, plain		1 Each	85.05	229.59	7.99	0.00	0.00	0.00	0.00
Coffee, instant		1 Serving	1.20	0.00	0.00	0.00	0.00	0.00	0.00
Margarine		3 Packages	15.00	90.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape		1 Package	14.00	35.00	0.00	0.00	0.00	0.00	0.00
Total			327.22	664.43	14.99	0.00	0.00	0.00	0.00

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D-mcg (m	Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
KB-0002									
Applesauce, stwbry banana	0.00	59.89	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00	0.00	0.00	0.00	80.00	0.00	0.00
Cereal, hot, oatmeal, plain, inst, pkt	0.00	0.00	0.00	0.00	0.00	0.00	100.00	0.00	0.00
Bagel, plain	0.00	0.00	0.00	0.00	0.00	0.00	99.82	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	59.89	0.00	0.00	0.00	0.00	279.82	0.00	0.00

Item Name	ChIn (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
KB-0002									
Applesauce, stwbry banana	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cereal, hot, oatmeal, plain, inst, pkt	0.00	0.00	0.00	0.00	0.00	0.00	8.10	0.00	0.00
Bagel, plain	0.00	0.00	0.00	0.00	0.00	0.00	2.70	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	0.00	0.00	0.00	0.00	0.00	10.80	0.00	0.00

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
KB-0002			
Applesauce, stwbry banana	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00
Cereal, hot, oatmeal, plain, inst, pkt	0.00	0.00	0.00
Bagel, plain	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	0.00	0.00	0.00

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
KB-0002			
Applesauce, stwbry banana	0.00	14.97	0.00
Cream Cheese	0.00	260.00	0.00
Cereal, hot, oatmeal, plain, inst, pkt	0.00	75.00	0.00
Bagel, plain	0.00	339.40	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	90.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	0.00	779.37	0.00

Nutrition Facts

Serving Size (327g)
Servings Per Container

Amount Per Serving

Calories 660 Calories from Fat 200

% Daily Value*

Total Fat 22g **34%**

 Saturated Fat 9g **45%**

 Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 780mg **33%**

Total Carbohydrate 101g **34%**

 Dietary Fiber 7g **28%**

 Sugars 33g

Protein 15g

Vitamin A 70% • Vitamin C 100%

Calcium 30% • Iron 60%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4