Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
KB-0003									
Peaches, dices	1	Serving	127.80	70.00	0.00	0.00	0.00	0.00	0.00
Nut Butter, peanut, creamy	1	Package	56.70	357.00	14.00	0.00	0.00	0.00	0.00
Cereal, Corn Flakes	1	Serving	29.82	109.96	2.00	0.00	0.00	0.00	0.00
Bread, whole wheat, slice	2	Serving	56.00	160.00	6.00	0.08	0.20	0.12	0.00
Coffee, instant	1	Serving	1.20	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	3	Packages	15.00	90.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	1	Package	14.00	35.00	0.00	0.00	0.00	0.00	0.00
Total			**300.52**	**821.96**	**22.00**	**0.08**	**0.20**	**0.12**	**0.00**

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D-mcg (m	Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
KB-0003									
Peaches, dices	0.00	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Nut Butter, peanut, creamy	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cereal, Corn Flakes	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	**0.00**	**60.00**	**0.00**	**0.00**	**0.00**	**0.00**	**0.00**	**0.00**	**0.00**

Item Name	Chln (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
KB-0003									
Peaches, dices	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Nut Butter, peanut, creamy	0.00	0.00	0.00	0.00	0.00	0.72	0.00	0.00	0.00
Cereal, Corn Flakes	0.00	0.00	0.00	0.00	0.00	1.80	0.00	0.00	0.00
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	2.16	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	**0.00**	**0.00**	**0.00**	**0.00**	**0.00**	**4.68**	**0.00**	**0.00**	**0.00**

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
KB-0003			
Peaches, dices	0.00	0.00	0.00
Nut Butter, peanut, creamy	0.00	0.00	0.00
Cereal, Corn Flakes	0.00	0.00	0.00
Bread, whole wheat, slice	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	**0.00**	**0.00**	**0.00**

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
KB-0003			
Peaches, dices	0.00	15.00	0.00
Nut Butter, peanut, creamy	0.00	248.00	0.00
Cereal, Corn Flakes	0.00	224.92	0.00
Bread, whole wheat, slice	0.00	320.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	90.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	**0.00**	**897.92**	**0.00**

Nutrition Facts

Serving Size (301g)
Servings Per Container

Amount Per Serving

Calories 820 Calories from Fat 370

	% Daily Value*
Total Fat 41g	**63%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 900mg	**38%**
Total Carbohydrate 90g	**30%**
Dietary Fiber 8g	**32%**
Sugars 31g	
Protein 22g	

Vitamin A 40% • Vitamin C 100%

Calcium 0% • Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4