

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mcg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
KB-0004									
Applesauce, stwbry banana	1	Serving	127.57	89.84	0.00	0.00	0.00	0.00	0.00
Cream Cheese	2	Packages	56.00	120.00	4.00	0.00	0.00	0.00	0.00
Cereal, hot, farina, inst	1	Package	28.40	100.00	3.00	0.00	0.00	0.00	0.00
Bagel, plain	1	Each	85.05	229.59	7.99	0.00	0.00	0.00	0.00
Coffee, instant	1	Serving	1.20	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	3	Packages	15.00	90.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	1	Package	14.00	35.00	0.00	0.00	0.00	0.00	0.00
Total			327.22	664.43	14.99	0.00	0.00	0.00	0.00

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D (mcg)	Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
KB-0004									
Applesauce, stwbry banana	0.00	59.89	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00	0.00	0.00	0.00	80.00	0.00	0.00
Cereal, hot, farina, inst	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00	0.00
Bagel, plain	0.00	0.00	0.00	0.00	0.00	0.00	99.82	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	59.89	0.00	0.00	0.00	0.00	219.82	0.00	0.00

Item Name	ChIn (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
KB-0004									
Applesauce, stwbry banana	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cereal, hot, farina, inst	0.00	0.00	0.00	0.00	0.00	8.10	0.00	0.00	0.00
Bagel, plain	0.00	0.00	0.00	0.00	0.00	2.70	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total	0.00	0.00	0.00	0.00	0.00	10.80	0.00	0.00	0.00

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
KB-0004			
Applesauce, stwbry banana	0.00	0.00	0.00
Cream Cheese	0.00	0.00	0.00
Cereal, hot, farina, inst	0.00	0.00	0.00
Bagel, plain	0.00	0.00	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	0.00	0.00	0.00

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
KB-0004			
Applesauce, stwbry banana	0.00	14.97	0.00
Cream Cheese	0.00	260.00	0.00
Cereal, hot, farina, inst	0.00	200.00	0.00
Bagel, plain	0.00	339.40	0.00
Coffee, instant	0.00	0.00	0.00
Margarine	0.00	90.00	0.00
Jelly, concord grape	0.00	0.00	0.00
Total	0.00	904.37	0.00

Nutrition Facts

Serving Size (327g)
Servings Per Container

Amount Per Serving

Calories 660 **Calories from Fat 180**

% Daily Value*

Total Fat 20g	31%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 900mg	38%
Total Carbohydrate 102g	34%
Dietary Fiber 5g	20%
Sugars 33g	

Protein 15g

Vitamin A 70% • Vitamin C 100%

Calcium 20% • Iron 60%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4