

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mcg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
KD-0011									
Chicken	1	Serving	85.00	140.00	13.00	0.00	0.00	0.00	0.00
Divan sauce	2	Servings	74.30	34.33	1.35	3.48	0.08	0.04	0.31
Mashed Potatoes	1	Serving	88.45	70.04	1.00	0.00	0.00	0.00	0.00
Mixed Vegt	1	Serving	77.43	174.78	1.49	55.97	0.00	0.00	0.00
Bread, whole wheat, slice	3	Servings	84.00	240.00	9.00	0.00	0.00	0.00	0.00
Margarine	3	Packages	15.00	90.00	0.00	0.00	0.00	0.00	0.00
Muffin, Apple Cinnamon	1	Each	64.00	220.00	3.00	0.00	0.00	0.00	0.00
Total			488.18	969.15	28.84	59.45	0.08	0.04	0.31

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D (mcg)	Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
KD-0011									
Chicken, diced	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Divan sauce	0.00	11.16	0.00	0.30	0.06	0.00	0.00	8.09	3.59
Mashed Potatoes	0.00	30.02	0.00	0.00	0.00	0.00	0.00	2.13	202.50
Mixed Vegt	0.00	3.58	0.00	0.00	0.00	0.00	0.00	14.93	0.00
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Muffin, Apple Cinnamon	0.00	0.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00
Total	0.00	44.76	0.00	0.30	0.06	0.00	0.00	45.15	206.09

Item Name	ChIn (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
KD-0011									
Chicken, diced	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Divan sauce	0.05	0.04	0.04	2.66	0.19	0.36	9.78	0.10	0.00
Mashed Potatoes	0.00	0.01	0.06	0.00	15.30	0.00	0.71	0.00	0.00
Mixed Vegt	0.00	0.00	0.00	0.00	0.00	0.27	0.00	0.00	0.00
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	3.24	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Muffin, Apple Cinnamon	0.00	0.00	0.00	0.00	0.00	1.08	0.00	0.00	0.00
Total	0.05	0.05	0.10	2.66	15.49	4.95	10.49	0.10	0.00

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
KD-0011			
Chicken, diced	0.00	0.00	0.00
Divan sauce	0.03	23.39	75.39
Mashed Potatoes	0.00	0.00	0.71
Mixed Vegt	0.00	0.00	111.94
Bread, whole wheat, slice	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
Muffin, Apple Cinnamon	0.00	0.00	0.00
Total	0.03	23.39	188.04

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
KD-0011			
Chicken, diced	0.00	45.00	0.00
Divan sauce	1.52	32.62	0.12
Mashed Potatoes	0.00	495.09	0.00
Mixed Vegt	0.00	14.93	0.00
Bread, whole wheat, slice	0.00	480.00	0.00
Margarine	0.00	90.00	0.00
Muffin, Apple Cinnamon	0.00	220.00	0.00
Total	1.52	1377.64	0.12

Nutrition Facts

Serving Size (488g)
Servings Per Container

Amount Per Serving

Calories 970 **Calories from Fat 440**

% Daily Value*

Total Fat 49g **75%**

Saturated Fat 12g **60%**

Trans Fat 0g

Cholesterol 100mg **33%**

Sodium 1380mg **57%**

Total Carbohydrate 97g **32%**

Dietary Fiber 6g **24%**

Sugars 24g

Protein 29g

Vitamin A 60% • Vitamin C 70%

Calcium 4% • Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4