

Item Name	Quantity	Measure	Wgt (g)	Cals (kcal)	Prot (g)	Vit A-RAE (mcg)	Vit B1 (mg)	Vit B2 (mg)	Vit B3-NE (mg)
<b>KD-0007</b>									
Salami, deli meat - Glatt	1	Package	113.40	279.50	17.97	0.00	0.00	0.00	0.00
Pasta Salad w/Vegt	1	Serving	86.77	65.03	1.61	19.84	0.03	0.02	0.57
Salad, Mar Bean	1	Serving	136.37	141.41	5.02	1.01	0.04	0.02	1.08
Bread, whole wheat, slice	3	Servings	84.00	240.00	9.00	0.00	0.00	0.00	0.00
Mustard, yellow, classic	1	Package	5.50	5.00	0.00	0.00	0.00	0.00	0.00
Margarine	3	Packages	15.00	90.00	0.00	0.00	0.00	0.00	0.00
Cookie, sugar	2	Packages	14.00	130.00	1.00	0.00	0.00	0.00	0.00
<b>Total</b>			<b>455.04</b>	<b>950.94</b>	<b>34.60</b>	<b>20.85</b>	<b>0.07</b>	<b>0.04</b>	<b>1.65</b>

Item Name	Vit B12 (mcg)	Vit C (mg)	Vit D (mcg)	Vit E-aTE (mg)	Vit K (mcg)	Biot (mcg)	Calc (mg)	Chlor (mg)	Chrom (mcg)
<b>KD-0007</b>									
Salami, deli meat - Glatt	0.00	23.96	0.00	0.00	0.00	0.00	0.00	79.86	0.00
Pasta Salad w/Vegt	0.00	17.72	0.00	1.50	4.42	0.00	9.68	6.28	0.00
Salad, Mar Bean	0.00	4.49	0.00	0.36	0.61	0.21	41.65	2.21	0.38
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mustard, yellow, classic	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cookie, sugar	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Total</b>	<b>0.00</b>	<b>46.17</b>	<b>0.00</b>	<b>1.86</b>	<b>5.03</b>	<b>0.21</b>	<b>131.19</b>	<b>8.49</b>	<b>0.38</b>

Item Name	ChIn (mg)	Copp (mg)	Fluor (mg)	Fol_DFE (mcg)	Iodine (mcg)	Iron (mg)	Magn (mg)	Mang (mg)	Moly (mcg)
<b>KD-0007</b>									
Salami, deli meat - Glatt	0.00	0.00	0.00	0.00	0.00	0.00	1.44	0.00	0.00
Pasta Salad w/Vegt	1.61	0.02	0.01	7.18	0.54	0.30	4.55	0.05	1.30
Salad, Mar Bean	11.94	0.16	0.00	18.32	0.16	1.12	21.56	0.49	26.59
Bread, whole wheat, slice	0.00	0.00	0.00	0.00	0.00	3.24	0.00	0.00	0.00
Mustard, yellow, classic	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Margarine	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cookie, sugar	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Total</b>	<b>13.55</b>	<b>0.18</b>	<b>0.01</b>	<b>25.50</b>	<b>0.70</b>	<b>6.10</b>	<b>26.11</b>	<b>0.54</b>	<b>27.89</b>

Item Name	Panto (mg)	Phos (mg)	Pot (mg)
<b>KD-0007</b>			
Salami, deli meat - Glatt	0.00	0.00	0.00
Pasta Salad w/Vegt	0.02	11.50	70.38
Salad, Mar Bean	0.12	73.36	167.31
Bread, whole wheat, slice	0.00	0.00	0.00
Mustard, yellow, classic	0.00	0.00	0.00
Margarine	0.00	0.00	0.00
Cookie, sugar	0.00	0.00	0.00
<b>Total</b>	<b>0.14</b>	<b>84.86</b>	<b>237.69</b>

Item Name	Sel (mcg)	Sod (mg)	Zinc (mg)
<b>KD-0007</b>			
Salami, deli meat - Glatt	0.00	1078.08	0.00
Pasta Salad w/Vegt	0.61	318.87	0.05
Salad, Mar Bean	1.33	365.94	0.52
Bread, whole wheat, slice	0.00	480.00	0.00
Mustard, yellow, classic	0.00	70.00	0.00
Margarine	0.00	90.00	0.00
Cookie, sugar	0.00	30.00	0.00
<b>Total</b>	<b>1.94</b>	<b>2432.89</b>	<b>0.57</b>

## Nutrition Facts

Serving Size (455g)  
Servings Per Container

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**Amount Per Serving**

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**Calories 950**    **Calories from Fat 430**

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**% Daily Value\***

<b>Total Fat 48g</b>	<b>74%</b>
Saturated Fat 15g	<b>75%</b>
Trans Fat 1g	
<b>Cholesterol 70mg</b>	<b>23%</b>
<b>Sodium 2430mg</b>	<b>101%</b>
<b>Total Carbohydrate 94g</b>	<b>31%</b>
Dietary Fiber 9g	<b>36%</b>
Sugars 23g	

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**Protein 35g**

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Vitamin A 45%    •    Vitamin C 80%

Calcium 15%    •    Iron 35%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9    •    Carbohydrate 4    •    Protein 4